

Rangers promote good conduct, safety on trails

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SANParks rangers have been advising members of the public on how to conduct themselves and stay safe in Lower Tokai, Cecilia Forest and Constantia Nek.

From kiosks at entrances to the trails, rangers provide information to visitors on park rules – including those about walking with dogs, horse-riding and cycling – and how to protect themselves from crime.

The campaign is part of a nationwide effort by SANParks and will be expanded to include other parts of the Table Mountain National Park, says park spokeswoman, Babalwa Dlangamandla.

The park's trails drew a variety of users, and the campaign would help everyone to enjoy the park without conflict, she said.

Nicky Schmidt, the founder of

environmental non-profit organisation Parkscape, welcomed the initiative and said such awareness campaigns should be ongoing as the park drew new visitors all the time.

Parkscape, the Tokai District Riding Association and Friends of the Dog Walkers had started running joint awareness campaigns in 2020 to, among other things, encourage visitors to pick up after their dogs, carry leashes, ensure they had the correct activity permits and be aware of possible conflict between dogs and horses, she said.

Most park visitors complied with the codes of conduct, but a minority still felt that regulations and etiquette did not apply to them, she said.

"It's for this reason that we've been asking SANParks since 2018 to assist in supporting us. We cannot enforce the park's regulations; we can only raise awareness and attempt to educate."

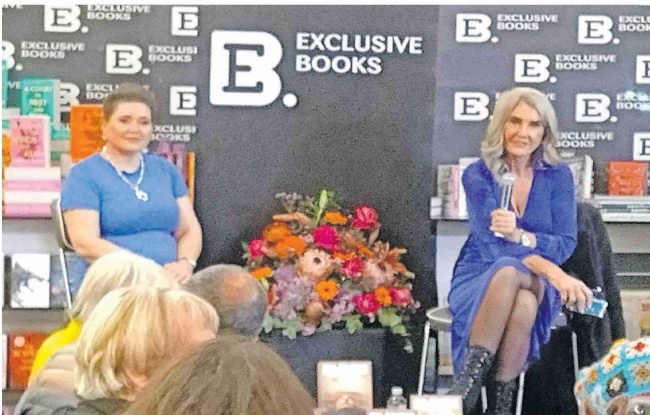


PICTURE: SANPARKS

■ SANParks is running a safety awareness campaign at Table Mountain National Park.

Author launches updated memoir

Entrepreneur and former political activist, Alison Weihe, launched *Belonging: Finding Tribes of Meaning at the V&A Waterfront Exclusive*, on Thursday August 29. In this memoir the Johannesburg author shares some of her life's intimate moments from her childhood living in Rondebosch to building a business and almost losing it. She draws on her life experiences as a speaker, mother, daughter, wife and identity intelligence coach. This memoir is an updated version of her 2022 book of the same name.



■ Alison Weihe, right, returned to her home town to launch an update of her book, *Belonging: Finding Tribes of Meaning*. She is pictured with Kim Vermaak, left, from Johannesburg.



■ Alexander Arendse of Brackenfell with Nuresah Hendricks of Wynberg.



■ Jenny Dean-Brown, left, of Plumstead, with Merle Brown of Athlone.



■ Zara Winterback from Blouberg, left, with Muneedah Osman of Parow and Linda Dold of Blouberg.



■ Sharni Quinn from Hout Bay with Jacki Bruniquel of Sea Point.



■ Karen Brown from Constantia with the author's husband, Friedel Weihe from Honeydew, Johannesburg.